

# MAKE YOUR OWN SUBSTATION 7 T-SHIRT STENCIL

## INSTRUCTIONS

### Things You'll Need:

- **Printer & Paper**
- **Cardboard**
- **Glue Stick or Spray Adhesive**
- **X-acto Knife**
- **Tape and/or Coins Washers**
- **Spray Paint**

1. Print out the **SUBSTATION 7** stencil and glue it to a piece of cardboard I find that a cereal box works well. You can also print straight onto heavy stock, such as matte finish photo paper. It's thin enough to cut easily, but sturdy enough to stand up over time.

2. Start cutting. Using an X-acto knife, carefully cut out **ONLY** the black areas **SUBSTATION 7** stencil. This will allow the spray paint to penetrate onto the surface. **MAKE SURE** to leave little connectors between the letters!

3. Start spraying! Grab your favorite Krylon color (I prefer orange), lay the **SUBSTATION 7** on the shirt or surface you wish to paint, weight the stencil down with coins or washers to prevent the stencil from lifting up while you spray it. If this happens, the edges of the image can get misted by paint, making the image look "dirty". If you're painting on a non-horizontal surface, such as a wall, metal weights will obviously be of no use in holding down the edges of the stencil. In this case, use tiny pieces of tape to hold the edges against the wall.

**MAKE SURE** to use spray paint in a well ventilated area, preferably outside. If this is not possible, buy a mask with a NIOSH filter in it. This is available at most hardware stores, and will protect you from harmful fumes. Spray paint fumes are extremely toxic!



## Painting Technique

Angle your can up at least 30 degrees.



Bad - uneven paint flow

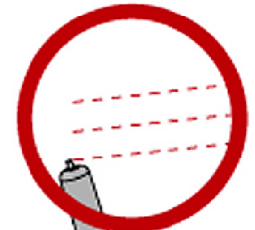


Good

Don't paint in a zig-zag.



Bad - uneven paint coverage



Good

Stay perpendicular to the stencil.



Bad - paint will get under the stencil



Good

Don't apply too much paint.



Bad - drip drip drip



Good

**SUBSTATION** 